

Sespe Fly Fishers



MEETING

January 16, 2008

TIME: 7:00 p.m.

PLACE: Senior Rec. Center

Santa Clara and Oak, Ventura

Program

Dave Hughes

"Matching the Hatch"

UPCOMING EVENTS

February Speaker

DAVE AMES

"Einstein's Trout - A look at How Fish Think"

February 20th, 2008
7:00 PM Senior Rec. Center. Oak and Santa Clara, Ventura

BOARD MEETING
Feb. 17th, at Carrow's Restaurant, Seaward and Harbor, Ventura

Fly Tying

On the 4th Monday of the month at Brooks

Details inside

President's Message

January 2008

Happy New Year!

2008 is here, ready or not. 2007 was a really good year for our club. All of the positions for the Officers and Committees are filled, many with new faces. We have a new newsletter chairman in Earl Arnold and we are getting a lot of positive comments on his efforts. 2008 will be an exciting year.

2007 was closed out in a festive fashion with the December Christmas Party. Chuck Colwell championed the event. He, along with his very able wife Marcia, Ann Bull and other willing volunteers created a really enjoyable event. Thanks to you all and let's do it again next year.

Since it is a new year, don't forget two really important things, renewal of your club membership (the form is included in this newsletter) and renewal of your fishing license.

There are a number of noteworthy events planned for the coming year. The biggest and most important program for the club's financial health is the Annual Auction in March. Frances Smith has applied her expertise in conducting this event for the Club for several years and this year is no exception. Circle the club meeting date on your March calendar as a "don't miss" event.

The roster of monthly speakers includes some really excellent programs. In addition, there are the monthly fly-tying sessions arranged by Bob Smith and conducted by Bill Blackstone, the outing programs hosted by Jeff Hereford, rod building and casting clinics plus other events as yet to be determined.

Stay tuned.

Paul



Sespe Fly Fishers



HOLIDAY PARTY

Potluck, Fish Tales, and Photos

Was a great success! Kudos to Chuck, Marcia, and Ann for putting it all together. And thanks to all those who came and shared good food and good cheer.



Chuck posted all the photos on line at
http://www.kodakgallery.com/ShareLandingSignin.jsp?Uc=umbt4aj.plf0dvv&Uy=756pf1&Upост_signin=Slideshow.jsp%3Fmode%3Dfromshare&Ux=0&UV=733674713687_10600662315

WILD RICE SALAD
Served at Sespe Holiday Party - 2007
Courtesy of Marcia Colwell

“Fall River Wild Rice” used in this salad is grown, packaged and distributed in the Fall River valley near the city of Fall River in northern California. The Fall River is noted for excellent fly fishing for trout.

SALAD DRESSING

Option A

1c salad oil – Canola
1 medium onion
½ c rice vinegar
1 tsp Dijon mustard
1 tsp salt
¼ tsp pepper
1 tsp celery seed
1/8 c sugar (eliminate if you use flavored rice vinegar)

I put all ingredients in my Cuisinart on blend setting. Allow to stand for 24 hours at room temp. Refrig 1 hour before serving.

* Double the recipe and you’ll have more than enough for 15.

Option B – use Trader Joe’s ginger-soy dressing

WILD RICE SALAD

Wild Rice

Option A – use Trader Joe’s “Fall River Wild Rice” – fully cooked – ready to serve. I used 2-1/2 pkg for 12-15.

Option B – use 2 c wild rice – cook per directions.

½ c finely chopped dried figs (I used 1 c dried cranberries)
1 c chopped toasted pecans
1 c chopped toasted cashews
1 c chopped green onion
1 c chopped celery
1 c chopped red onion

6 chicken breasts – poached – chop to 1” pieces (omit if using as side dish)
1 red bell pepper - chopped
1 orange bell pepper - chopped
1 yellow bell pepper - chopped

- Bought everything at Trader Joe’s.
Prepared everything the day before.

Day of serving mix with salad dressing (see above)

- Opt – for color - add 2 c chopped spinach, or add 1 c green peas defrosted.
Top with 1 c candied ginger - chopped
Top with 1 c bacon – crisp and crumbled (I used our microwave oven)
Top with 1 c feta cheese – crumbled, or your choice.
Top with 1 c macadamia nuts.

SPEAKER OF THE MONTH

Dave Hughes “Matching the Hatch”



Dave Hughes is editor of FLYFISHING & TYING JOURNAL and author of more than 20 books about fly fishing for trout. They include the classic "Western Hatches" (with Rick Hafele), "American Fly Tying Manual", "Handbook of Hatches", "Reading the Water", "Tactics for Trout", the massive "Trout Flies", "Essential Trout Flies", "Trout From Small Streams", and "Western Mayfly Hatches" (with Rick Hafele).

Dave was founding president of Oregon Trout in 1983, and was awarded life membership in the Federation of Flyfishers in 1985. He is a life member of the Flyfishers Club of Oregon and his home club, the Rainland Flycasters in Astoria, Oregon.

Born on the 4th of July, 1945, Dave worked his way through college at jobs specializing in the 3 Ds—Dirty, Difficult, and Dangerous: mink ranches, tuna canneries, and shrimp boats. He graduated from the University of Oregon in 1967, Infantry Officer Candidate School in 1968, and served 6 months in Viet Nam as a communications site commander in the Mekong Delta and one year as liaison officer to the Commanding General of all communications in the VN theater.

Dave is an accomplished amateur aquatic entomologist. His hobbies include collecting, identifying, and photographing aquatic insects that are fed upon by trout, as well as tying and fishing the flies that match those insects. He lives in Portland, Oregon with his wife and daughter.

Sespe Fly Fishers Speaker Schedule 2008*

February	Dave Ames	<i>"Einstein's Trout - A look at How Fish Think"</i>
March	Annual Auction	<i>"Bring your credit card"</i>
April	Brian and Judith O'Keefe	<i>"Why We Love Trout"</i>
May	John Tavenner	<i>"The Spectacular San Juan"</i>
June	Diana Rudolph	<i>"Flyfishing Islamorada: Past and Present"</i>
July	Zane Mirfin	<i>"Flyfishing New Zealand"</i>
August	Open	
September	Open	
October	Rick Hafele	<i>"Debugging Entomology"</i>
November	Rick E. Martin	<i>"How to Improve your Photography"</i>
December	Open	

*Speakers and programs subject to change without notice. Check the news letter each month.

Dave Hughes Trout Fishing Workshop

Saturday, January 12th

Our Presenter for January, Dave Hughes, will be conducting an *Elements of Fly Fishing for Trout* Workshop on **Saturday, January 12th, 2008**, the Saturday before Sespe's meeting, which is the following Wednesday, the 16th. In this Workshop, Dave will present four separate programs that will greatly help attendees become better fly fishers. To learn how truly experienced, knowledgeable and talented Dave is, just review the write-up about him on the front page of this *Mending the Line*.

The workshop will be held in **Classroom B at the Westwood Recreation Center, 1350 South Sepulveda Blvd**, West Los Angeles, where WFF holds most of its fly tying sessions. (The Westwood Rec Center is two blocks south of Wilshire Blvd and the Federal Building, and Sepulveda is half-a-block east of the 405-San Diego Freeway.) The class will run from **9:30 am until 4:30 pm**, with an hour (12:30 to 1:30) for lunch. Attendees can either bring lunch or go out to purchase one. The class is limited to 30 people from all the six area clubs on a first come, first served basis. The first thirty people from the six clubs to get their money in will be registered and the cost is only **\$20 per person**. Send your check, made out to Wilderness Fly Fishers, to: WFF, P.O. Box 3358, Santa Monica, CA 90408-3358.

Each of the four Programs will be approximately one hour, with some extra time set aside for questions and answers. These Programs are:

Reading Trout Water: Learn to read water and find trout in creeks, streams and rivers, plus lakes and ponds. The initial skill in trout fishing is learning to focus your fishing in water where trout hang out and to eliminate time wasted in fishing water where they do not. (This program is based on Dave's books *Reading the Water* and *Trout Streams*.)

Selecting Trout Flies: Learn how to select the right type of fly—dry, emerger, nymph, wet fly or streamer—for the situation you're in: the type of water you're fishing and the naturals, or lack of them, that trout might be taking. (Based on Dave's books *American Fly Tying Manual*, *Handbook of Hatches*, *Trout Flies* and *Essential Trout Flies*.)

Tactics for Trout: Learn the most effective casts and methods to present dry flies, nymphs, wet flies, and streamers to trout on waters moving and still. (Based on Dave's books *Taking Trout*, *Tackle & Technique*, *Tactics for Trout*, *Dry Fly Fishing*, *Nymph Fishing*, *Fly Fishing Basics*, *Trout From Small Streams* and *Wet Flies*.)

Casting Demonstration: Covers appropriate tackle selection for all types of trout fishing. Demonstrates the parts of the basic casting stroke, variations on the basic cast, and presentation casts to apply the rigs and methods covered in the workshop *Elements of Fly Fishing for Trout*. This is not just a distance casting demonstration, rather a presentation of practical fishing casts that actually catch trout.

AUCTION! AUCTION! AUCTION!

Sespe Flyfishers Annual Auction

March 19, 2008, 6:00 P.M.

(Regular Meeting Night)

Our main fund-raising event of the year is just around the corner. It is your chance to obtain a much desired fly fishing item and support your club at the same time. The proceeds from the auction represent about half of our annual income. The money we get from our annual auction, and from our dues, is what allows us to present the programs that we all enjoy so much. Please plan to be there...bring a friend...and your checkbook or credit card!

We need donations of all types. Donating an item(s) is an opportunity for you to support your club in a way that does not require the commitment of time that many of us are not able to give. Extra gear? Services? Flies? Jewelry? Etc? What have you got?

There will be a few changes on how we to do some things this year so watch for further notices in this January issue of our newsletter and also February's.

Please note that Bob and I will not be home from January 9th to about February 9th. If you have any item(s) to donate call Frances @ 647-3522 after February 9th.

SEE YOU AT THE AUCTION ON MARCH 19TH.

PATAGONIA!

We will again be ordering items from Patagonia. As you know, we get a good discount so if there is a Patagonia item(s) that you would like to be purchased for you, please contact Frances with the exact description, size, etc. and of course the club needs to make some money so we will add a percentage on top of the cost (call it 'cost-plus'). The items ordered will be available for delivery and payment at the auction and will not be a part of the live or silent auction.

Again, please note that Frances will need the **correct name of the item, color,** and of course **size, and quantity.** You may want to do your home work by going to Pacific Iron Works ahead of time and get the correct information she needs.

NOTICE SESPE FLYFISHERS

If you would like to purchase for the auction any of the following please see Frances or email or snail mail by February 12, 2008. Contact Frances Smith at rsmith@jetlink.net, or by snail mail: 8995 Denver Street, Ventura, CA 93004, no later than Feb.12th. Since the Smith's will be out of town for a period of time. No phone calls please.

Bauer - Premium Fly Reels, Inc. (Brochure available)
40% off retail*
Plus \$15 per reel shipping fee

Simms: G3 Guide Stocking foots
RiverTek Stocking foots
L2 Stocking foots
Plus \$10.00 UPS ground fee*

The Waterworks/Lamson Reels and Spools:
Waterworks ULA Reels
Force Series Reels
Lamson Litespeed: Hard Alox
Lamson Velocity: Hard Alox
Lamson Radius
Lamson Konic
Plus shipping \$8 then .50cents per line*

Outcast Sporting Gear
Boats and Accessories
Plus shipping (will be quoted from Company)*

RaJeff Sports L.L.C.
Airflo lines
Echo and Echo2 products
Plus shipping \$12.00*

*Does not include the Club's fee

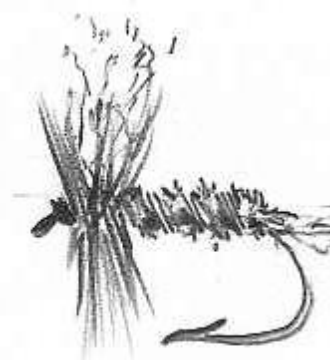
FLY TYING WITH BILL BLACKSTONE

The Sureshot

Who knows who was first. I'm still enamored with the world of fly tying. Every area claims their specials and only recognizes these specials by the name the area gave to them, and will fight to the death when questioned otherwise.

In keeping with last month's pattern (H&L Variant) here is a regional special known as the "Sureshot". It employs exactly the same material as the H&L Variant plus a floss rib. This pattern was said to have come from a tier in Colorado and was patterned after the famous Wulff series. You may find this pattern is easier to fish or tie for the streams you frequent. (See the December 07 newsletter article on the H&L Variant for a drawing of the finished fly)

Hook 7957B, sizes 8 to 18
Thread Brown or Black
Wings White calf tied upright and divided
Tail White Calf
Rib Yellow Floss
Body Peacock Herl
Hackle Brown



Editors
Note:
There
should be
a tail here
← but it
got lost in
the mail.

1. Traditionally, the Wulff flies were tied wings first with butts being tied down facing the tail and forming $\frac{1}{2}$ the body and the wings stood up and divided after the wing was tied in.
2. The next step was to tie in the tail with the tail butts joining the wing butts and forming a smooth underbody for the herl body. Leave the thread at the start of the tail.
3. Tie in the yellow floss rib.
4. Tie in the peacock herl and wrap the thread forward to the wing space. Tie off and trim.
5. Form the body using peacock herl. Tie off and trim.
6. Wrap the floss forward forming the rib. Tie off and trim. Cross wrap or reverse rib if you choose to protect your herl from unwinding from fish strides.
7. Select hackle; tie in behind wing and hackle fly using matching wraps before and after the wing.

Some tiers on larger patterns will not only figure 8 their hackle winds, but sometimes will wrap hackle around each wing base. This technique is referred to as water walker style. It is extremely effective on the larger 8 and 10 patterns.

Tying Tips and Tricks

From Earl Arnold

Clean out the eye of the fly you just tied. While it's in the vice after you apply the head cement, just insert an old hackle tip (Like the tip of the feather you just used) into the eye of the hook and pull it through. Now you won't be digging glue out of the eye on stream when the fish are rising all around. If you don't have a hackle tip handy a peacock herl works great.

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<u>Fly Tying</u> -Bob Smith:	647-3522
<u>Trout In The Classroom</u> - Bob Salas	640-7101

FROM THE PROGRAMS DIRECTOR

Surf Clinic with Gary Bulla

February 2 at Bates Road 8AM to 12 PM

Learn the casting and presenting techniques, equipment, species and how to read the water.

\$75 in advance to:

Gary Bulla

1290 East Main St

Santa Paula, Ca. 93060

805 933 1367

From the Fly Tying Chairman, Bob Smith

For our January Fly Tying session we will continue filling our fly boxes with the tried and true flies that just 'keep on working' so bring your tools and breadboard and Bill will have the rest of the stuff that we will be needing.

Our next session will be on Monday January the 28th (4th Monday), 7:00 to 9:00 PM, and as usual, at the Brooks Institute's Ventura campus, 5301 N. Ventura Avenue (Rt. 33 to Cañada Larga off ramp), in the Conference Room.

Fly Tying Dates for the coming season:

All dates are the 4th Monday, 7:00 – 9:00 PM, Brooks Institute's Ventura Campus Conference Room, 5301 N. Ventura Avenue (Rt. 33 to Cañada Larga off ramp).

2008 - January 28, February 25, March 24, April 28, May 26.

FROM THE OUTING CHAIRMAN

We need your input! Do you have an Idea for an outing? Would you like to host an outing? I will be willing to assist in coordinating any trips that you have an interest in.

In addition to announcing planned outings via the monthly newsletter I will be using e-mail to communicate with members. Initially I will use the membership directory to create an e-mail group. If your e-mail address is not in the directory and you want to be included in the group, let me know and I will add you to the list.

A few months ago I received an e-mail from Richard French (rich@belizeflatsfishing.com) of Belize flats fishing announcing his 2008 Belize Bonefishing trips to Ambergris Caye. The dates he has available to fly clubs are as follows:

Jan 26 – Feb 2, 2 – 9 Feb, 16 – 23 Feb, 23 Feb – 1 Mar, 1 – 8 Mar and 8 -15 Mar.

The price for a week (7 nights lodging and six days of guided fishing) is \$1750 US per club member. Last Feb. Paul Wilson, Mark Whelan and myself attended and had a great time. Although I will not be able to attend next year I highly recommend this affordable trip.

Jan. Our annual winter trip to the Lower Owens has been scheduled for the weekend of 26 Jan. As before the date is dependent on no major storms moving through the area since any snowfall in the valley greatly limit's access to the Owens River. Bruce Hunter and I are planning on driving up on Thursday, returning on Sunday and staying at the El Rancho in Bishop. I will send out an additional reminder the middle of the month.

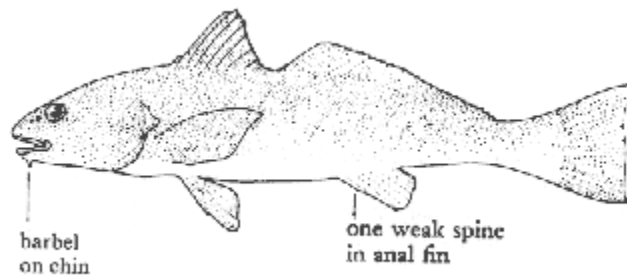
Feb. Although I have selected a date I plan on a additional outing to the Owens.

Mar. I plan on hosting a surf outing and another outing to the Owens if flow rates remain low. Dates to be announced.

Jeff Hereford
1227 Seafarer st
Ventura Ca 93001
805-658-0829 cell 805-701-4004
jehmah@msn.com

Fish of the Month

By Ann Scarborough Bull, Ph.D.



California croaker. (Sciaenidae – the Croaker family). Members of this family may be familiar to California surf anglers including the corbina (*Menticirrhus undulatus*), queenfish (*Seriphus politus*), white seabass (*Atractoscion nobilis*), yellowfin (*Umbrina roncadore*), white (*Genyonemus lineatus*), and spotfin croaker *Roncadore stearnsii*. There are many other local names such as Pasadena trout, Catalina croaker, kingfish, surf fish, and shiner. You might see croaker, especially corbina and whites, feeding in water so shallow that their backs are exposed. Croaker can be very particular feeders and often key in on one prey item such as sandcrabs, rejecting all else. They scoop up mouthfuls of sand and separate the food by sending the sand through the gills. Croaker are available to fly fishers throughout the year along southern California's sandy beaches, but fishing is best from July through September. They are very wary and difficult to hook as many an avid surf fisher can affirm. Perhaps one reason is that they tend to mouth and chew their food and don't strike solidly very often. Cruising the Internet for California croaker will also take you to the website of the California Office of Environmental Health Hazard Assessment where the news is not good. Because of their habit of feeding mostly on the bottom within the surf zone, croaker tend to accumulate and retain coastal runoff pollutants and should be eaten rarely, if at all. White sea bass are the exception with most of the white sea bass we catch locally spending the first several years being fed clean, Purina fish chow in aquaculture grow out pens. Thank you to Hubbs-SeaWorld Research Institute for hatching white sea bass babies and the many volunteers who tend the pens.

California Croaker

*Fly fishing is sometimes like poker
The dealer may deal you a joker
With your feet on the turf
Cast into the surf
If you're lucky you may hook a croaker*

Sponsor of the Month

Eric's Tackle Shop
Fresh - Saltwater & Fly Fishing

G. Loomis • Penn • Calstar
Shimano • Cortland • Ande
Berkely • Abel • Newell
P-Line • Izor • Fish Trap
Huddleston • Daiwa • Braid
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2127 E. Thompson Blvd.
Ventura, Ca 93001
(805) 648-5665
ericstackleshop.com • ericstackleshop@hotmail.com

MON-FRI 9-6
SAT 9-5
Call Sundays

Sespe Fly Fishers Membership Renewal

Dear Flyfisher,

Welcome to new members and renewing members alike! Your membership dues enable the Sespe Fly Fishers to continue to provide quality programs, outings, seminars, and to participate in conservation efforts.

In other words, WE NEED YOU!

Please complete this application and return it along with your membership dues today to the following address:

Sespe Flyfishers
P.O. Box 5127
Ventura, CA 93005

Your support is appreciated.

NAME: _____

Please include names of Family Members that may participate in club functions:

Family Member: _____

Family Member: _____

ADDRESS: _____

HOME PHONE: _____

WORK PHONE: _____

E-MAIL: _____

Please indicate if you are a member of the Federation of Fly Fishers (FFF)

Yes No

Annual Family Membership Dues (Jan. 1 – Dec. 31)

Residence	Age	New Member	Renewing Member	
Ventura & S.B. Counties	16 and over	\$41	\$35	\$ _____
Other Locations	16 and over	\$18	\$12	\$ _____
Any	Under 16	\$18	\$12	\$ _____
Voluntary contribution to the Sespe Fly Fishers Conservation Fund				\$ _____
Voluntary contribution to "Trout in the classroom"				\$ _____
GRAND TOTAL				\$ _____

If you have any questions, please contact Chris or Fran May at (805) 984-1267 or chrismay5@msn.com.



Sespe Flyfishers
P.O. Box 5127
Ventura, CA 93005

